

HOT TOPICS

Join us in person
for 2023-24!

Risky Behaviors and How to Respond to Them

Helping parents and caregivers of teens connect!

We are pleased to bring back the Hot Topics seminars for the new school year. This year, sessions will be formatted into two back-to-back meetings on the same/similar topics. Here's what's ahead:

Adolescence is a time of adventure and risk taking. But how do we, as caregivers, guide teens toward healthy risks and help them navigate through potentially dangerous situations? Join us for a two-part series **exploring technology and substance use** in the teen years. We will share what we know about local and national trends and ways to talk openly with your teen about risk-taking behavior.

Oct. 11, 2023 ■ 6:30-8 p.m.

Social Media, Technology and Teens

Michigan State Police officer Corey Hebner will discuss what teens are doing on social media, and ways to help monitor and protect your teen's social presence.

**LOCATION for both sessions:
Petoskey Middle School Media Center**

Oct. 18, 2023 ■ 6:30-8 p.m.

Substance Use Trends for Teens

SAFE in Northern Michigan "Hidden in Plain Sight" trailer open 6-6:45 p.m.

Petoskey Public Safety Officer Benjamin Carlson, school liaison officer, will discuss substance use trends for teens in our community. Visit the SAFE in Northern Michigan trailer ahead of the presentation to learn ways teens disguise substance use "in plain sight."

"Now what?" As part of each session, Christine Carpenter, LMSW Health Department of Northwest Michigan, and Rebekah Pederson, LPC, CAADC Alcona Health Center, will follow up with how to communicate with your teens about risk-taking behaviors.

Open to parents, caregivers & community.

On-site child care provided from 6:30-8:30 p.m. If transportation is a barrier, contact Kirstyn at (231) 347-5362. Please RSVP also if child care is needed.

Presented by Petoskey Public Schools, Emmet County Probate and Family Court, Alcona Health Center, and the Health Department of Northwest Michigan. Questions? Call (231) 347-5362.