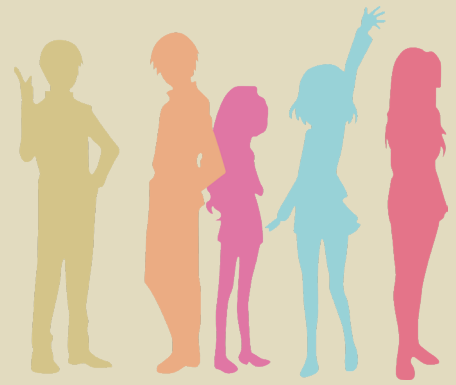


HOT TOPICS for Parents of Teens



A new series of forums to help Northern Michigan families connect

'What is my child doing online that I might not be aware of, and how can I keep my child safe?'

Technology: Managing the Digital Age



Technology is everywhere, and today's teens are being pulled in many digital directions. It can be difficult to know what are reasonable boundaries to set when it comes to smart phones, social media, and video games. *How can you help keep your child safe?*

What do the experts say are healthy guidelines for teens today when it comes to digital device usage? What are other parents doing with their children to help moderate screen time? What steps can you take to improve tech trends in your family? *How much is too much?*

Free and open to parents & the community

On-site child care provided

Thursday, Nov. 8 ▪ 5:30-7:30 p.m.

No RSVP required

Dinner at 5:30 p.m., presentation 6-7:30 p.m.

PRESENTERS: Corey Hebner, Michigan State Police

Christine Carpenter, LMSW ▪ Petoskey Public Schools Administrators

Location: Petoskey High School Media Center

If transportation is a barrier, please contact Kathleen Jakinovich, (231) 347-4918

➤ **Coming up next in Hot Topics: The Teenage Brain - Jan. 10, 2019**

Presented by Petoskey Public Schools, Emmet County 7th Probate Court, Alcona Health Center and the Health Department of Northwest Michigan. Questions? Call (231) 348-2290.