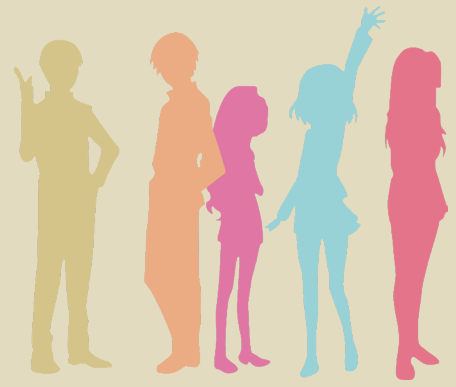


HOT TOPICS for Parents of Teens



A new series of forums to help Northern Michigan families connect

Staying close and developing trust

Forum #3

Communicating with your teen



The teen years have a lot in common with the terrible twos. During both stages, kids are doing exciting new things, but they're also pushing boundaries (and buttons). Kids naturally must start pulling away from parents and begin to assert their own independence.

This makes for complicated parenting, especially because teens are making decisions about things that have real consequence like school, friends and driving, substance use and sex. Because they aren't good at regulating emotions yet, teens are prone to risks and impulsivity. Find out how to build a close relationship during these important years.

Free and open to parents & the community

On-site child care provided

Thursday, Feb. 21, 2019 • 6-7:30 p.m.

No RSVP required

PRESENTERS: Rebekah Pedersen, LPC, CAADC • Christine Carpenter, LMSW
followed by breakout sessions

Location: Petoskey High School Media Center

If transportation is a barrier, please contact Kathleen Jakinovich, (231) 347-4918

Coming up next in Hot Topics: Parenting SOS! Navigating the Teen Years • April 11, 2019

Presented by Petoskey Public Schools, Emmet County 7th Probate Court, Alcona Health Center and the Health Department of Northwest Michigan. Questions? Call (231) 348-2290.