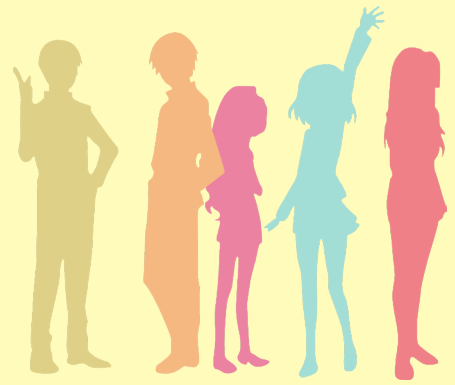


HOT TOPICS for Parents of Teens



A new series of forums to help Northern Michigan families connect

Forum #4

Parenting SOS! Navigating the Teen Years



Let's face it: It's a difficult time to be a teen *and* parents of teens. No parent gets up in the morning saying, "I wonder what I can do to upset my teen-ager today?" The discipline challenges, concerns about a child's safety and well-being, and the stress of every-day demands can be overwhelming. As a parent, your emotions are heightened, the stakes feel high, and you are facing new territory on a regular basis.

What do our teens need to become reliable, respectful, responsible, resilient, loving human beings? This session will be a culmination of the past three forums, and will conclude with a whole-group format to ask questions and share successes and challenges.

Free and open to parents & the community

On-site child care provided

Thursday, April 11, 2019 • 6-7:30 p.m.

No RSVP required

PRESENTERS: Rebekah Pedersen, LPC, CAADC • Christine Carpenter, LMSW
Kathleen Jankovich, MPH • Dr. Mandy Stewart, PHS Principal • Jon Wilcox, PMS Principal
Colleen Pattullo, PMS Counselor • Kara Copeland, Lakeview Academy Program Manager

Location: Petoskey High School Media Center

If transportation is a barrier, please contact Kathleen Jakinovich, (231) 347-4918

The Hot Topics series will resume in the fall of 2019!

A special Thank You to Meijer for donations of refreshments for the Hot Topics 2018-19 events.

Presented by Petoskey Public Schools, Emmet County 7th Probate Court, Alcona Health Center and the Health Department of Northwest Michigan. Questions? Call (231) 348-2290.