

### **YOUR RIGHTS**

1. You have the right to receive services in our program: regardless of race, religion, national origin, gender, sexual orientation, handicap or ability to pay.
2. You have the right to be treated with respect and dignity.
3. You have the right to receive the best possible care and have all other options for care explained to you.
4. You have the right to privacy.
5. You have the right to discuss any questions or problems you may have about your behavioral health professional.
6. You have the right to refuse any services you do not want or do not understand.
7. You have the right to make a complaint if you are not satisfied with your care.

### **YOUR RIGHT TO CONFIDENTIAL SERVICES**

1. You have the right to confidential services.
2. You have the right to confidential services without a parental consent, including:
  - a) Behavioral health services for youth age 14 and older
3. You have the right to OK or refuse the release of confidential information unless law requires otherwise.
4. Confidentiality may be broken when:
  - a. You tell our staff or we suspect that a parent or guardian or other individual is hurting you.
  - b. You tell our staff that you want to hurt yourself.
  - c. You tell our staff you want to hurt someone else.

If you are under age 18, parents and legal guardians do have the right to see your record, except for information identified as confidential above. When the behavioral health professional receives a request from a parent or guardian to view your record, our staff will meet with you first and will also be available to review the information together with you and your parent/legal guardian.

*Parents and school staff may be notified of the time you checked into Behavioral Health Program and the time you left, if this information is needed for attendance purposes.*

### **YOUR RESPONSIBILITIES:**

*You are responsible for*

- Participating in the development and implementation of your treatment/individual treatment plan
- To work towards your treatment goals and objectives.
- Treating behavioral health program staff with respect.
- Showing respect and privacy for others using behavioral health services
- Asking questions about anything you don't understand.
- Telling program staff about any changes in your health.
- Arriving on time for your appointments.
- Letting behavioral health staff know if you can't make an appointment.
- Giving the behavioral health program the correct information about your insurance, address, name, or phone number. If any of this information changes, you are responsible to tell the health center.
- To ask any questions if you do not understand anything any information given to you in writing or orally.

*If you feel your rights have been violated, please inform your Behavioral Health Provider*