



PEDIATRIC HEALTH HISTORY FORM

Child/Adolescent Name		Birth Date	Age	Gender	Grade	School/Teacher
Street Address		Mailing Address (PO Box)	City		Zip Code	Child Social Security #
Race (Optional) <input type="checkbox"/> White <input type="checkbox"/> Black <input type="checkbox"/> Asian <input type="checkbox"/> American Indian <input type="checkbox"/> More Than One <input type="checkbox"/> Other						
Ethnicity (Optional) <input type="checkbox"/> Non-Arabic/Non-Hispanic <input type="checkbox"/> Hispanic <input type="checkbox"/> Arabic						
Mother/Parent Name		Mother/Parent Birth Date	Mother/Parent Social Security #		Phone Number	
Father/Parent Name		Father/Parent Birth Date	Father/Parent Social Security #		Phone Number	
Preferred Telephone Number		May We Leave a Message? Yes No	Best Time of Day to Be Contacted?			
Guardian Last Name (if different than mother/father)		Guardian First Name	Guardian Telephone Number		Relationship To Student	
Name of Emergency Contact (other than parent/guardian)			Relationship		Telephone Number	
Name of Student's Physician or Clinic		Physician or Clinic Telephone Number			Approximate Family Income (Used solely for demographic data and sliding fee)	
HEALTH INSURANCE (Please complete all information)						
<input type="checkbox"/> None (uninsured) Please contact me about MI Child/Healthy Kids health insurance for my child. <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Medicaid/Medicaid HMO Child's Card Number _____						
<input type="checkbox"/> Blue Cross/Blue Shield <input type="checkbox"/> Blue Care Network <input type="checkbox"/> Priority Health <input type="checkbox"/> TriCare <input type="checkbox"/> Other: _____			Name of Policy Holder _____			
			Insurance Policy Number _____			
			Insurance Group Number _____			
			Birth Date of Policy Holder _____			
			Relationship of Policy Holder to child? _____			
Does your insurance pay for immunizations? <input type="checkbox"/> Yes <input type="checkbox"/> No						

BEHAVIORAL HEALTH TREATMENT CONSENT FORM

Alcona Health Centers (AHC) is offering behavioral health services (BHS) at Ottawa Elementary Schools. These services will be provided by **Jessica Stefanski, LMSW** a State of Michigan Licensed Clinical Social Worker employed by AHC as a Behavioral Health Therapist. As a condition for offering these services to your child, AHC is requiring that a parent or legal guardian must give written, informed consent, as outlined below. This consent may be revoked at any time.

As the parent or legal guardian of _____ (name of child)

1. I understand that BHS will include a behavioral health assessment of my child, during which I may be asked to provide information about my child's emotional needs and behavior at home and school. I may be invited to be actively involved in the treatment planning for my child. My acceptance of counseling services for my child is on a voluntary basis, and I may terminate these services at any time.
2. I understand that Jessica Stefanski, LMSW maintains professional liability coverage and follows federal and state laws protecting client's rights to confidentiality of personal information. I understand these laws allow the exchange of Protected Health Information with other medical personnel involved in the treatment of my child. I have the right to be informed of these exchanges of information and may request more information about privacy laws, including HIPPA by writing to the Office of Civil Rights, Secretary of the U.S. Department of Health and Human Services.
3. I understand that Jessica Stefanski, LMSW may exchange information with the school staff and have access to my child's school file, as needed for treatment and care my child.
4. I understand that counseling is a fee for service agreement and that my insurance company will be billed for services. I further understand that I will be responsible for any portions of fees and/or additional fees not covered by my insurance provider. AHC encourages parents/guardians to contact their child's insurance company directly so you are informed about Behavioral Health services coverage for your child. It is a parent/guardian responsibility to know your insurance benefits. Alcona Health Center will not be contacting your insurance company directly to inquire about Behavioral Health services coverage in order to begin services with your child. You may be eligible for AHC's Sliding Fee program. Ask your therapist for details.
5. I understand that federal and state regulations protect the confidentiality of my child's records maintained by this program, except when the following conditions exist:
 - a. There is suspected evidence of child abuse, neglect, or danger to my child; or
 - b. The Michigan Department of Health and Human Services, Child Protective Services requests Behavioral Health information by directly submitting the DHS-1163-P form to Alcona Health Center and/or this Behavioral Health Therapist; or
 - c. A medical emergency requires disclosure to medical personnel; or
 - d. The likelihood of alcohol or drug abuse, and
 - e. My written permission is given to release this information, as you deem appropriate in good faith, to specific agencies or persons who are from time to time, authorized by law to receive such information.

I HAVE READ AND UNDERSTAND THE CONDITIONS OUTLINED ABOVE, AND BY SIGNING BELOW AUTHORIZE JESSICA STEFANSKI, LMSW TO OFFER BEHAVIORAL HEALTH SERVICES TO MY CHILD.

 Signature of Parent(s) or Legal Guardian
 Date: ____/____/____

 Signature of Witness
 Date: ____/____/____

Please list ALL doctors, clinics, specialists, etc. who have treated your child in the past:

If you need to elaborate on any of the topics, simply enter any additional information on the back of the forms.

PLEASE ANSWER THE FOLLOWING HEALTH-RELATED QUESTIONS

LABOR & DELIVERY

1. Did the patient's mother have prenatal care? No Yes Where? _____
2. Were there any complications during pregnancy? No Yes What? _____
3. Did the mother take any meds during pregnancy? No Yes List: _____
4. Did the mother take any controlled meds during pregnancy? No Yes List: _____
5. Did mother use any street drugs during pregnancy? No Yes List: _____
6. Did mother drink alcoholic beverages during pregnancy? No Yes How much? _____
7. Where was the child born? (Hospital, City, State) _____
8. Was the delivery vaginal? No Yes Was the delivery by C-section? No Yes
9. Were there any problems with the labor or delivery? No Yes List: _____
10. Were forceps or suction appliances used in delivery? No Yes
11. Was the baby full-term? No Yes If not, delivered at how many weeks? _____
12. What was the baby's weight at birth? _____ lbs _____ oz. What was baby's length? _____ inches
13. Did the baby have any problems at birth? No Yes List: _____
14. How long was the baby's initial hospital stay? _____

HEALTH MAINTENANCE

1. Has the patient had health care from another clinic? No Yes Where? _____
2. Please provide your child's immunization record.
3. Your child's diet includes: (check as many as are a part of the patient's diet)
 Breast Milk Veggies Fruits Meat Formula Milk Juices Soda Pop
 Beans, eggs & dairy Cereals Breads Junk food 'fast food' Sweets
4. Does your child have regular bowel movements? No Yes Constipation Frequent loose stools
5. Does your child have normal urination? Yes No Does your child have burning with urination? Yes No since when? _____
6. If older than 3 years old, does your child wet the bed? _____

FAMILY AND SOCIAL HISTORY

1. The following people live in the same household as your child:

NAME	AGE	RELATIONSHIP TO PATIENT

2. Does anyone in the house smoke? _____ Does anyone smoke in the vehicle with the child present? _____
3. Check any of the following problems that have affected your child's immediate family (siblings, parents, grandparents, Blood-related aunts or uncles, first cousins)

<input type="checkbox"/> Infant deaths, SIDS, stillborn infants	<input type="checkbox"/> Birth Defects: List:	<input type="checkbox"/> Cancer List location:
<input type="checkbox"/> Autoimmune Disease	<input type="checkbox"/> Drug Dependency	<input type="checkbox"/> Alcohol Disorder
<input type="checkbox"/> Heart Attack	<input type="checkbox"/> Seizures (epilepsy)	<input type="checkbox"/> Asthma
<input type="checkbox"/> Mental Illness	<input type="checkbox"/> Attention Deficit Disorder	<input type="checkbox"/> Arthritis
<input type="checkbox"/> Diabetes	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Other:

List people who take care of your child: _____

About the parents: Mother	Father
Level of education achieved:	Level of education achieved:
Occupation:	Occupation:

DEVELOPMENT

- Did your child first sit alone before 7 months of age? ___Yes ___No When? _____
- Did your child first walk alone before 15 months of age? ___Yes ___No When? _____
- Does your child speak as well as others their age? _____ Do you have difficulty understanding their speech? _____
- Do you think your child has difficulty seeing? _____ Do you think your child has difficulty hearing? _____
- Describe your child's behavior by marking the appropriate boxes:

Behavior	Major Problem	Minor Problem	No Problem
Clinging			
Temper Tantrums			
Easily Frightened			
Short Attention Span			
Difficulty sitting still			
Aggressive			
Dislikes School/ Poor Grades			

6. Has your child ever been seen by a professional counselor for any reason? _____

7. Do you have any concerns with your child's development? _____

MEDICAL HISTORY

- 1. Has your child ever been hospitalized? __No __Yes When, where and why? _____
- 2. Has your child ever had surgery? __No __Yes Procedure: _____
- 3. List any medications your child is taking: _____
- 4. Has your child ever had a reaction to a med or immunization? __No __Yes List: _____
- 5. Check if the child has had any of the following health conditions:

<input type="checkbox"/> Seizures	<input type="checkbox"/> Asthma	<input type="checkbox"/> Heart Murmur
<input type="checkbox"/> Kidney or bladder infection	<input type="checkbox"/> Ear Infection	<input type="checkbox"/> Unusual bleeding
<input type="checkbox"/> Eczema	<input type="checkbox"/> Depression	<input type="checkbox"/> If female, age menses started
<input type="checkbox"/> Sleeping difficulties	<input type="checkbox"/> Frequent abdominal pain	<input type="checkbox"/> Frequent chest pain
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Anemia	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Frequent headaches (describe)	<input type="checkbox"/> Broken Bones-list	<input type="checkbox"/> Allergies: List

FOR BEHAVIORAL HEALTH PROGRAMS ONLY:

What is the main reason(s) you are seeking support for your child? (Please include how long he/she has had these symptoms/concerns and any recent/past events contributing to these symptoms.)

What are your hopes regarding your child's therapy? _____

Please list any current or past behavioral health therapy your child/family has participated in.

Has your child experienced any recent or past stressors? Yes No (e.g., illness, deaths, operations, accidents, separations, divorce of parents, parent changes job, child's changes school, family moved, family financial problems, remarriage, sexual trauma, other losses)? If yes, please describe: _____

How stressful would you rate your family life? 1 2 3 4 5 Highly Stressful
 Please explain:

List any issues you may want to discuss with the healthcare provider at this first appointment:

Our Questions <i>for children 13 and older</i>	THEIR answers:
Do you exercise regularly? If so, how often?	
What kind of exercise do you do?	
Do you eat a low-fat diet?	
Do you smoke? If so, how often, how many, how many years?	
Do you drink alcoholic beverages? If so, what, amount, how often?	
Are there any domestic abuse issues in your household?	
Are you tense, fearful, or anxious?	
Do you often feel worthless, blue, or sad?	

We offer a [Sliding Fee program](#) to qualified patients that reduce the cost of medical care at our facility. Ask our staff for an application! We will need to know your annual income when determining eligibility for this program. You can be sure we will hold this information in the strictest of confidence!

We ask that you to provide us with your approximate family income. This information is used solely for organization-wide demographic data, for sliding fee consideration, and not for any other purposes. It is not shared with anyone except in aggregate and no one is mentioned by name in reports. Approximate Family Income \$ _____

PCMH- PATIENT CENTERED MEDICAL HOME

ALCONA HEALTH CENTERS IS A PATIENT-CENTERED MEDICAL HOME. We are focused on your child’s wellness.

We have created a wide range of services and resources designed to:

- Track and monitor the care received from all of health care providers
- Help your child meet health-related goals and grow into healthy adults
- Offer your child extended access to our health care team

Welcome to Alcona Health Centers. We are honored to be considered for your child's healthcare management. We're committed to providing your child with the best care.

It is our expectation that you'll take responsibility for guiding your child in adapting a healthy lifestyle as that is so important to your child's well-being.

We will be discussing with you some important steps you can encourage with your child to maintain or achieve good health. Your cooperation is vitally important.

It will give our staff and providers great pleasure to work with you on these goals, either through our own expertise, through reading materials that we might give you, or by referral to other health professionals. We want everyone to be involved in our health maintenance program. Everyone who joins our practice should start by having a complete physical exam followed by periodic check-ups that may include health assessments and education.

We are looking forward to working with you as your family healthcare providers. Please contact us whenever you'd like to talk about anything you think may be affecting your child's health. It's our hope that we can have a relationship where the lines of communication are open and communication goes both ways. We will help you remember when your child is due for wellness exams and/or immunizations.

Self-management goals are a series of small steps you can take to help your child work towards achievable health care goals. We will support you and assist you in identifying achievable action steps, when needed.

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How do I establish my child's care with Alcona Health Centers?

Call one of our many offices, and simply request to become an established patient of Alcona Health Centers. We will send you this **New Patient Pediatric Health History Form** to complete and return to our office, preferably at least a week before your child's appointment.

Our staff will schedule you for an appointment so that we may determine if we can meet your healthcare needs. This appointment is usually 45-60minutes long. **If you find you cannot keep the appointment, please call at least 24 hours in advance to cancel.**

Welcome to Alcona Health Centers! Listed below are our locations:

Alpena Services	P.O. Box 857, Alpena, MI 49707	(989) 356-4049
Cheboygan Campus	740 S. Main St. Cheboygan, MI 48721	
	Suite 2A	(231) 627-7118
	Suite 2B	(231) 627-7118
	Suite 2C	(231) 627-7118
	Suite 3A	(231) 627-3002
Gaylord Youth Support Program	Gaylord Intermediate 240 E 4 th St. Gaylord, MI 49735	(231) 412-6457
Gaylord Youth Support Program	North Ohio Elementary School 912 N. Ohio Ave. Gaylord MI 49735	(231) 412-6457
Gaylord Youth Support Program	South Maple Elementary School 650 E 5 th St. Gaylord, MI 49735	(231) 412-6457
Health Center of Northern Michigan	3434 M-119, Harbor Springs 49740	(231)348-9900
Harrisville Services	205 N. State, P.O. Box 130, Harrisville 48740	(989) 724-5655
Indian River Campus	6135 Cressy St, Indian River, MI 49749	(231) 238-8908
Lincoln Services	177 N. Barlow Road, P.O. Box 279, Lincoln, MI 48742	(989) 736-8157
Long Rapids Plaza	346 Long Rapids Plaza, Alpena, MI 49707	(989) 358-3500
Oscoda Services	5671 N. Skeel Ave., <u>Aune Medical Center</u> , Suite 8, Oscoda 48750	(989) 739-2550
Ossineke Services	11745 US-23, PO Box 83 Ossineke, MI 49766	(989) 471-2156
Pellston Services	421 Stimpson Dr. Unit 102, Pellston, MI 49769	(231) 844-3051
Petoskey Child Health Associates	2390 Mitchell Park Drive Suite A Petoskey, MI 49770	(231) 487-2250
Petoskey Wellness Program	Petoskey High School 1500 Hill St. Petoskey, MI 49770	(231)-412-6456
Petoskey Wellness Program	Petoskey Middle School 801 Northmen Dr. Petoskey, MI 49770	(231)-412-6455
Petoskey Wellness Program	Central Elementary School 410 State St. Petoskey, MI 49770	(231) 412-6453
Petoskey Wellness Program	Lincoln Elementary School 616 Connable Ave. Petoskey, MI 49770	(231) 412-6453
Petoskey Wellness Program	Ottawa Elementary School 871 Kalamazoo Ave. Petoskey, MI 49770	(231) 412-6454
Petoskey Wellness Program	Sheridan Elementary School 1415 Howard St. Petoskey, MI 49770	(231) 412-6458
Pickford Campus	416 M-129, Pickford, MI 49774	(906) 647-2217
Tiger Health Extension	Alcona Elementary School, 181 N. Barlow Road, Lincoln, MI 48742	(989)736-8716
Wildcat Health Extension	Lincoln Elementary school at 309 W. Lake St, Alpena, MI 49707	(989) 358-3998